



Chicken Nuggets

Just in time for the Superbowl, we've got some perfect finger food! Who doesn't love chicken nuggets? My kids could eat these for breakfast, lunch and dinner if I let them. They are so easy to make take just a few minutes to prepare.

Ingredients:

- 1 ½ lbs boneless chicken breast, cut into chunks
- 2 eggs
- 1 c flour
- 1 Tbsp cornstarch
- ½ Tbsp paprika
- ½ tsp salt
- Oil for frying

Directions:

1. Combine flour, cornstarch, paprika and salt.
2. Heat oil over medium heat in a non-stick pan. Dredge chicken in flour mixture, dip in egg and then dredge in flour mixture.
3. Fry nuggets for a few minutes on either side until they are golden brown.

Serves 4.