



Crunchy Chinese salad

Super simple ingredients with a stand out dressing.

Ingredients:

1 Romaine lettuce
Red cabbage (between ½ to 1)
Bean sprouts if you wish, or snow peas

Dressing:

1/2 c mayonnaise
1/4 c oil
2 tsp fresh garlic crushed
2 tsp sugar
Salt and pepper to taste
1 tsp mustard
1 tsp soy sauce

Mix dressing up and add to lettuce. Put Chinese noodles or garlic flatbread on the top.

Serves 6.

Naomi Elberg loves salad. A lot. You can follow her on facebook at Salads Galore and post your own favorite salads there.