



## Deconstructed Muesli

This Tu B'Shvat snack (or breakfast!) is a perfect kid-friendly treat. It also gives kids the opportunity to pick and choose the ingredients of their dish. In our house, we promote this yogurt-based muesli as a healthy and exciting snack.

### Ingredients:

Put some or all of these ingredients in individual bowls. Let your kids pick what they'd like to add to their yogurt!

- 1 container of plain yogurt
- ½ c apricots, cut into quarters
- ½ c Craisins
- ½ c raisins
- ½ c granola
- ½ c banana chips
- ½ c walnuts
- ½ c slivered almonds
- ¼ c chocolate chips

1 Tbsp honey

### Directions:

1. Spoon some yogurt into a bowl.
2. Add whatever you'd like.
3. Drizzle honey on top.