



Painted Footprints Parshat Lech Lecha

Introduction:

This week's parsha, Parshat Lech Lecha, is all about journeys. God commands Abram to "Go forth from your native land and from your father's house to the land that I will show you" and "Up, walk about the land, through its length and its breadth, for I give it to you." Abram obediently follows God's command and begins to walk – step by step - through the sands of the desert to reach his ultimate goal and destination. Since it is still the beginning of the school year, this is a great opportunity to ask your kids where they would like to reach or what they would accomplish by the end of the year and what "steps" they will have to take to get there.

Materials:

Paint
Paper or cardboard

Instructions:

1. Make your hand into a fist.
2. Apply a coat of paint to the edge of your palm and the side of your pinky while keeping your hand in a fist.
3. Press the side of your hand you just painted onto a piece of paper while still in a fist. This will create the base of the footprint.
4. Put a little bit of paint on the tip of one of your fingers and make dots where the toes should be.

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