



Sesame Noodles

Everyone loves sesame noodles -- and they are so easy to make! Leftovers? Sesame noodles are perfect to pack for lunch at work or school.

Ingredients:

- 1 box spaghetti or angel hair (I used whole wheat noodles)
- 1/3 C sugar
- 1/3 C toasted sesame oil
- 1/3 C soy sauce

- 1 Tbsp toasted sesame seeds

Directions:

1. Follow cooking directions on the box for the pasta. Al dente makes for a better dish.
2. While the pasta is cooking, combine the sugar, sesame oil and soy sauce. When pasta is cooked, drain liquid.
3. Combine pasta with soy sauce mixture while pasta is still hot. When you're ready to serve, plate the pasta and sprinkle sesame noodles.

Serves 8