

String Bean and Mango Salad

Serves 8

This makes a great and colorful summer salad!

2 lbs string beans
2 mangoes, diced
2 handfuls of chopped walnuts
4 scallions
¼ c balsamic vinegar
3 tbsp water
½ c olive oil
2 tbsp Dijon mustard
3 tbsp honey
7-8 garlic cloves, minced

Steam the string beans, taking them out while they are still firm.

Blend together for the dressing: balsamic vinegar, water, olive oil, Dijon mustard, honey, and garlic.

Pour dressing over the salad right before serving.